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### **Immunization and Vaccines-Past-Present-Future**

Even though I did a newsletter on this subject matter some years back, it seems more and more pushing by the drug companies and the (CDC) and government to control our lives and that of our children with these programs. The question now becomes are the number of immunizations essential to our children and ourselves?

The United States is the most over immunized nation on this planet. Current information shows that the US mandates vaccines for children under 5 in the world (36, doubled the Western world average 18). The highest autism rate in the world is the US with an occurrence rate on 1 birth in 68 or more than 3.5 million Americans live with autism spectrum disorders in 2014. In New Jersey CDC rate show this is 5 times more common among boys (1 in 42) then among girls at (1 in 189). The evidence seem to show that the more immunizations being done, the higher the rate of autism and increase in infant mortality.

You would think with all the immunization and vaccine programs, this should make the USA, the healthiest nation ranking us number one in all aspects in measuring health. However this is not the case according to the World Health Organization, the United States ranks 37 overall in the 200 odd nations members. As far as infant mortality representing babies dying under the age of 5 the US ranks 34. These facts bring to mind Dr. Goodheart's favorite legal-Latin phrase "**Res Ipsa Loquitur**", the facts or evidence speaks for itself.

I am presenting these facts and information to educate my patients and the public to the truth. For myself, and my family the number of immunization and vaccine program being available were only five and that was Small Pox, Diphtheria, Pertussis, Tetanus, and Polio. Small Pox was stopped in 1968, because it was killing more people that the disease was. I have found that regular chiropractic and applied kinesiology care is the best preventive to maintaining good health. My family and I have never taken any immunizations or vaccines in the last 45 or more years. The facts speak for themselves, we never had the flu or required any antibiotics for infectious disease in all this time and my son now 46 years old never had an antibiotic until he was in college and 20 years of age. How many of you can make that statement?

What I have been presenting so far is to inform you to the fact about mandatory vaccine programs in this country. I am not condemning, nor condoning, immunization programs' rather I believe it is way overdone. Children are no healthier with all these preventive programs. Moderation should be exercised.

A fact you should remember is that no vaccine can provide 100% protection from a disease at the very best you can expect 70 to 80 percent protection. This simply means you can still get sick from any disease that you are being immunized against however, it might make you less ill than if you did not receive the vaccine. As an example when Small Pox vaccination was being done regularly (stop 1968), if you could expose a vaccinated group of 100 people to the disease we would expect about 15 deaths. If we exposed a group of 100 unvaccinated people to the disease we would have 30 deaths, this is a 50% reduction in the mortality rate. Those in the group who were vaccinated would not be as sick as those who were not vaccinated that would be the morbidity rate. This is carried over to all the 16 vaccines and immunization in the US. Just remember not all communicable diseases are serious as Small Pox and remember bacterial infections can be treated with antibiotics and there are viral drugs such as Tamiflu for flu, Interferons, Selzentry and Triumeq for HIV and Viekira Pak or Olysio, (simepreuiv) for Hepatitis C. Remember the above mentioned drugs which of course have side effects. All these drugs still depend on the body's natural defense system of white blood cells (WBC), such as neutrophils, eosinophils, monocytes, and lymphocytes, along with the endoreticular system organs of the lymphatic system, spleen, liver and thymus gland, to combat an infection.

Just remember that your body has the complete system to heal, repair and reproduce and this inner system in chiropractic we call Innate Intelligence, and this comes from the inside out rather than the outside in. The healer within can be reached from without through you doctors (Chiropractor/Kinesiologist, Medical, Osteopathic, Dental, Psychologist and Acupuncturist), their job is to remove the roadblock that is preventing your body from healing.

The next factor is Thimerosal which is organomercurials, which is a white, crystalline powder, approximately 50% mercury by weight. It was developed by Eli Lilly the pharmaceutical giant that provided a grant to the University of Chicago to develop this product in 1928 and patented it under a trade name of Merthiolate. It was used in vaccines as a preservative and a retardant of bacterial and fungal growth and was incorporated into diphtheria toxoid, meningococcal serum, and Pertussis vaccine in 1940, and became a standard preservative in many of the non-live bacterial and viral vaccines. Thimerosal is metabolized or degraded into ethylmercury and thiosacetyl, before being excreted from the body.

The question of the neurotoxicity of mercury became evident in the 1970s, from an organomercurial methylmercury found in fish and industrial pollution. It was shown to cause staggering gait, numbness in the hands and feet, and more profound neurological impairments such as spasticity, seizures, deafness and severe mental deficiency. The potential for this to be part of the cause of Autism and the epidemic occurrence of autistic spectrum disorders became apparent in the 1990s, and this led to the removal of Thimerosal from children's vaccines in 1999.

There has been no record of any disorders prior to 1943 that fit the autistic description, which can easily be found in historic or biblical references with most other diseases. The first physician to describe autism was Leo Kanner, M.D., a psychiatrist at Johns Hopkins Hospital in Baltimore. He published a paper “Autistic Disturbances of Affective Contact”; this described 11 children with “early infantile autism”, 1943, and published it in The Journal of Pediatrics, Sept 1944, Vol. 25, Issue 3, pages 211-216. Hans Asperger, M.D., was an Austrian pediatrician and child psychiatrist, when he described in his published article “Autistic Psychopathy”, 1944 while working at the University Children’s Hospital in Vienna, Austria.

Thimerosal being used as the preservative in the available vaccines starting at the end of the 1930s and being used through 1940 could be used as circumstantial evidence in its connection to autism. However Thimerosal was removed from children vaccines in 1999, but the incidence has continued to rise, so the scientists and medical community are saying this proves it was not the mercury. What is being overlooked is the numbers of vaccines that children are expected to receive has increased drastically for the 1940s/1950s, from five to fifteen, and along with that the adjuvant used to increase the body’s response to the vaccine.

The next item of concern in immunization and vaccines are “Adjuvants”, these are additives that enhance the vaccine response of your body’s immune system, allowing the antigen-pathogen components that elicit an immune response. Adjuvants have been used from the early days of commercial vaccines probably the 1920’s. Currently there are some 27 different adjuvants being used in vaccines, but the most common one Aluminum Hydroxide (Alum). This is used in 7 out of the 16 childhood vaccines, (Hepatitis A & B, Diphtheria-Tetanus-Pertussis, Haemophilus influenza type b (Hib), human papillomavirus or (HPV), and Pneumococcus infections. In the US, other vaccines do not use adjuvants such as measles, mumps, rubella, chickenpox, rotavirus, polio and seasonal flu. Aluminum has been implicated in neurodegenerative diseases such as Alzheimer’s.

The last part to consider in immunization and vaccines is its connection to a marked increase in autoimmune diseases, such as type 1 diabetes, which is connected to peripheral nerve damage and cardiovascular changes, along with other autoimmune conditions such as lupus, celiac disease, colitis, rheumatoid arthritis or (RA). These may be triggered by the vaccines ingredients such as viruses, bacteria and the aluminum. There are genetic HLA markers associated with a “non-response” to certain vaccines. These vaccines include measles, influenza and more. Research confirms that poor antibody production after immunization may be directly related to HLA types.

Some doctors have recognized the importance of screening for this genetic marker before vaccinating. This is done by assessment of autoantibody and HLA status prior to immunization. Additional factors that you and your doctor might want to check on are allergy to some of the vaccines production products such as egg, which can be found in some influenza, MMR, MMR+Varicella vaccines. Other possible reactive substances can be latex which might be found in preloaded syringes, Neomycin sulfate in some Influenza, Hepatitis A, and yeast protein Hepatitis B, Meningococcal, Pneumococcal and HPV vaccines.

A new system of protecting the body from infections is being developed at this very moment. This appeared in an article from The New York Times, by writer Carl Zimmer, in Science Times on 3/10/15, "Protection Without a Vaccine". The Scripps Research Institute is developing an artificial antibody that will allow the human body to resist infection. This new therapy will be known as Immunoprophylaxis Gene Transfer or I.G.T., is not a vaccine as we know it. What it entails isolating the antibodies and developing a synthetic version that will be inserted into a virus that will be injected into a muscle which will produce resistance to a disease.

This is currently being tested in monkeys with H.I.V., but also Ebola, Malaria, Influenza and Hepatitis. Scientists are hoping that this technique will provide long-term protection against disease for which vaccines have failed. A good example of this is flu vaccine having to be redeveloped every year. This new system will be helpful in controlling and eliminating one of the world's largest and deadliest diseases, malaria. The CDC stated in 2013 that the estimated number worldwide is 198 million cases and 500,000 deaths, which are mostly children.

Another method similar to I.G.T. has shown success in treating brain cancer that has been reported on CBS television 60 Minute Program on 4/5/15, and HBO April programs. The use of various disease viruses such as polio, and chickenpox have been genetically altered and injected into brain tumors such as the deadly glioblastoma and have shown complete cures. What these systems have shown is the body's own defenses are made aware of the disease and brought into action to destroy the tumors. This proves again that the body can heal itself as I stated early in this newsletter.

I hope this information will be useful to you in making a decision on immunization programs for yourself and your family. Remember that it is easier to stay well than to get well and you can maintain your good health with regular chiropractic and applied kinesiology care at my office.

A final word of caution about new vaccines that become available don't be the first to try it. Wait for at least a year or more to make sure there are no serious side effects.